

THE WITCHES GATHERING

PRESENTER BIOS



Janine Berridge-Paul: Writer, Creator & Intuitive

Bio: My name is Janine Berridge-Paul and I am the owner and designer of products and experiences at Mindfully Created Designs. I consider myself a creator, community connector and intuitive. Mindfully Created consists of semi precious gemstone based products, mindfulness workshops, reiki and healing experiences. My business was born out of my own personal healing and transformation journey. Throughout my journey, I have developed various skills in the power of meditation, crystal healing, embracing my journey and supporting others to do the same, and I am also trained in reiki and sound bowl healing, which is reflected in the products and services that my business provides.

Outside of my small business I have a background in working within various communities where I have provided supportive programs and services that cater to both community and individual needs. My positions have also involved grant writing and monitoring funded community projects, managing teams, managing and facilitating programs for children and youth, extensive work with adult correctional clients and supporting their journey of healing, as well as developing and sustaining meaningful relationships with community partners.

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